



## 2022 Summer Camp

### Good Vibrations - Sounds of Summer

#### Health & Safety Procedures

We thank you for your understanding and commitment to the health and safety of our GMYS family! Please read the following information carefully.

#### COVID / Quarantine Procedures

- All GMYS families must read, understand and **sign** the COVID-19 waiver included in the registration form. Students will not be allowed on campus without a signed COVID-19 waiver.
- As a precaution, it is highly recommended that students be tested before the start of our camp.
  - There are many options for drive-through testing in the South Florida area. Find a testing site near you [here](#).
- **The use of a well-fitting mask (covering nose and mouth) is recommended to be used at all times.**

<p><b>IF YOU</b>  <b>Were exposed to COVID-19 and are NOT <a href="#">up to date</a> on COVID-19 vaccinations</b></p>	<p><b>Quarantine for at least 5 days</b></p> <p>Stay home and <a href="#">quarantine</a> for at least 5 full days.</p> <p>Wear a <a href="#">well-fitting mask</a> if you must be around others in your home.</p> <p>Get tested  Even if you don't develop symptoms, <a href="#">get tested</a> at least 5 days after you last had <a href="#">close contact</a> with someone with COVID-19.</p>	<p><b>After quarantine</b></p> <p>Watch for <a href="#">symptoms</a></p> <p>Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.</p> <p>It is best to <a href="#">avoid travel</a> until a full 10 days after you last had close contact with someone with COVID-19.</p> <p>If you develop symptoms <a href="#">Isolate</a> immediately and <a href="#">get tested</a>. Continue to stay home until you know the results. Wear a <a href="#">well-fitting mask</a> around others.</p>	<p><b>Take precautions until day 10</b></p> <p>Wear a <a href="#">well-fitting mask</a> for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a well-fitting mask.</p> <p>Avoid being around people who are <a href="#">more likely to get very sick</a> from COVID-19.</p>
<p><b>IF YOU</b>  <b>Were exposed to COVID-19 and are <a href="#">up to date</a> on COVID-19 vaccinations</b></p>	<p><b>No quarantine</b></p> <p>You do not need to stay home unless you develop symptoms.</p> <p>Get tested  Even if you don't develop symptoms, <a href="#">get tested</a> at least 5 days after you last had <a href="#">close contact</a></p>	<p><b>Watch for symptoms</b></p> <p>Watch for <a href="#">symptoms</a> until 10 days after you last had close contact with someone with COVID-19.</p> <p>If you develop symptoms <a href="#">Isolate</a> immediately</p>	<p><b>Take precautions until day 10</b></p> <p>Wear a <a href="#">well-fitting mask</a> for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a well-fitting</p>

	with someone with COVID-19.	and <a href="#">get tested</a> . Continue to stay home until you know the results. Wear a <a href="#">well-fitting mask</a> around others.	mask. Avoid being around people who are <a href="#">more likely to get very sick</a> from COVID-19.
<b>IF YOU were exposed to COVID-19 and had confirmed COVID-19 within the past 90 days</b>	No quarantine You do not need to stay home unless you develop symptoms.	<b>Watch for symptoms</b>  Watch for <a href="#">symptoms</a> until 10 days after you last had <a href="#">close contact</a> with someone with COVID-19.  If you develop symptoms <a href="#">isolate</a> immediately and <a href="#">get tested</a> . Continue to stay home until you know the results. Wear a well-fitting mask around others.	<b>Take precautions until day 10</b>  Wear a well-fitting mask  Wear a <a href="#">well-fitting mask</a> for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a well-fitting mask.  Avoid being around people who are <a href="#">more likely to get very sick</a> from COVID-19.
<b>IF YOU Tested positive for COVID-19 or have symptoms, regardless of vaccination status</b>	<b>Stay home for at least 5 days</b>  Stay home for 5 days and <a href="#">isolate</a> from others in your home.  Wear a <a href="#">well-fitting mask</a> if you must be around others in	<b>Ending isolation if you had symptoms</b>  <a href="#">End isolation after 5 full days</a> if you are fever-free for 24 hours (without the use of fever-reducing medication) and	<b>Notes:</b> Day 0 is your first day of symptoms or a positive viral test. Day 1 is the first full day after your symptoms developed or your test specimen was collected. If you have COVID-19 or

	your home.	<p>your symptoms are improving.</p> <p>Ending isolation if you did NOT have symptoms</p> <p><u>End isolation after at least 5 full days</u> after your positive test.</p> <p>If you got very sick from COVID-19 or have a weakened immune system You should isolate for at least 10 days</p>	have symptoms, isolate for at least 5 days.
--	------------	--	---

- Families will be notified of quarantine via parent/guardian phone call and email and will be in effect immediately.
- In all cases mentioned above, the student/family must inform GMYS staff by emailing Michelle Sanchez at [msanchez@gmys.org](mailto:msanchez@gmys.org). All information and student identities will be kept confidential.
- **No refunds or tuition changes will be given for any class cancellations due to COVID-19 or any circumstances outside of the control of GMYS. If in-person classes must be shut down or postponed, virtual class options will be available for all students.**

**COVID-19 Facts:**

- COVID-19 is mostly spread by respiratory droplets released when people talk, cough, or sneeze. It is thought that the virus may spread to hands from a contaminated surface and then to the nose or mouth, causing infection. Therefore, personal prevention practices (such as handwashing, staying home when sick) and environmental cleaning and disinfection are important principles that are covered in this document.

- Symptoms can include: unexplained rash, headache, diarrhea, vomiting, body aches, and most notably shortness of breath, cough and fever. If the student is exhibiting any or all of these symptoms, they will not be allowed to enter the rehearsal space and must return home.
- Students must follow the above guidelines provided by the CDC.
- The above information was taken from the Center for Disease Control (CDC) website. For more information, please visit their [website](#).

## Mandatory Check-In Procedures

- Mandatory temperature checks at sign-in everyday.
- Hand sanitizer will be available at sign-in as well as every classroom and throughout the campus.
- There will be increased cleaning both by GMYS staff and our venues. This includes air purifiers during and after classes involving aerosols.

## In the Rehearsal Room

- Chairs will be spaced apart. Do not move the chairs from their spot.
- Students will be in charge of bringing/handling their own music.
- Students must remain with their ensembles during breaks.
- Students must bring their own:
  - CDC approved face mask is recommended (covering mouth and nose)
  - Music/Method Book (once handed out by the teacher)

## Safety Procedures for Wind Players

The following safety protocols were designed based on the preliminary results of the ongoing Performing Arts Aerosol Study. Learn more about the study [here](#).

- Masks and bell covers are recommended at all times by all staff and students, including while playing where possible. Students should wear a mask with a small slit for their mouthpiece.
- The bells of all instruments must be covered where possible. GMYS can provide bell covers.
  - These can be made from virtually any fabric and secured snugly around the bell of the instrument.

- Spit valves must be emptied on the provided spit pads placed on the floor and discarded at the end of each rehearsal. Wind players will be provided with their own pads for each class daily and be responsible for their disposal.
- We will use air purifiers in our band ensemble rooms.

For more information, please review the [preliminary recommendations from the study](#).